

Understanding and Interrogating Dominant Culture

Unit by Friendship Public Charter School team,
part of the 2021 cohort of *The 1619 Project* Education Network

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[The Secrets of Sugar- The Fifth Estate](#)- This YouTube video clip (17:40- 20:10) details the Sugar Industry's involvement in quelling scientific studies that may have identified sugar as a life-altering substance that results in failing health for those who regularly consume specific products. The teacher may wish to pose the following in order to generate a discussion.

1. Why did the sugar industry most likely take issue with the scientific findings detailed in the book, "Pure White and Deadly"?
2. What is the role of a nutritionist and what and who would possibly motivate American nutritionist, Ansel Keys to destroy the reputation of John Yudkin?
3. What continued to prevent other scientists from studying and disclosing the effects of sugar on the human body?
4. Why might politicians and lawmakers turn a blind eye to the intentional deception of the American public by those involved in the sugar industry?
5. Now that we realize that sugar impacts Black Americans at greater rates, do you think it is more or less likely for companies to take preventative measures to ensure that the truth is disclosed to consumers? Why or why not?