Excerpt from Thomas Phillips’s *A Journal of the Voyage in the Hannibal of London*, 1693

“There happened such sickening and mortality among my poor men and Negroes. Of the first we buried 14, and of the last 320, which was a great detriment to our voyage, the Royal African Company losing ten pounds by every slave that died. . . .

The distemper which my men as well as the blacks mostly died of was the white flux. . . . The Negroes are so vulnerable to the small-pox that few ships that carry them escape without it, and sometimes it makes vast havoc and destruction among them. But though we had 100 at a time sick of it . . . we lost not above a dozen by it . . .

But what the smallpox spared, the flux swept off, to our great regret, after all our pains and care to give [the slaves] their messes, . . . keeping their lodgings as clean and sweet as possible, and enduring so much misery and stench so long among creatures nastier than swine, only to be defeated by their mortality . . .

No gold-finders can endure so much noisome slavery as they do who carry Negroes . . . We endure twice the misery; and yet by their mortality our voyages are ruined.”